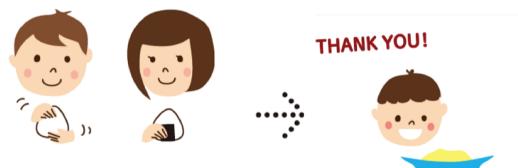


Special event

# CHANGE THE WORLD WITH ONIGIRI (RICE BALL): SUPPORTING WORLD FOOD DAY CAMPAIGN



Make Onigiri

Date: Tuesday, November 17, 7PM

Presented by TABLE FOR TWO In collaboration with The Japan Foundation, Los Angeles and JETRO

> Venue: The Japan Foundation, Los Angeles (5700 Wilshire Blvd. # 100, Los Angeles, CA 90036)

Street parking is available near JFLA. Click here for Parking Info. (NO PARKING VALIDATIONS PROVIDED)

Admission: \$10\* (Pay at door) \*Your entire admission fee will be donated to TFT to provide 40 school meals to children in need.

## Chef: Andy Matsuda Founder and lead instructor at Sushi Chef Institute



Come and join us for a special evening of Onigiri (rice ball) workshop by a master chef and contribute to TABLE FOR TWO's World Food Day Campaign 2015. You can even learn some Japanese related to rice and Oniairi!

The Los Angeles event "Change the World with Onigiri" on November 17th, featuring Chef Andy Matsuda will showcase the tradition of making the very popular Japanese food Onigiri (rice balls) for others with "love". Onigiri is a traditional and healthy snack made of rice.

Through Chef Andy Matsuda's lecture and demonstration, participants will understand how rice has played a major role in Japanese culture and cuisine and learn how to make Onigiri with delicious fillings using special local food from each region of Japan.

Participants will be able to help providing school meals to children in Africa and our local communities in the U.S. by just taking photos with their Onigiri and uploading them to the World Food Day campaign website. The sponsor companies for this initiative will donate five school meals to children in need per photo. Also, all of the fee for this event will be donated to TFT for the World Food Day campaign. In Africa, a 25 cent donation funds one school meal to a child. In the U.S., it facilitates a school meal upgraded with fresh vegetables and fruits in low-income neighborhood districts.

#### About Table for Two USA

TABLE FOR TWO USA (TFT) is a nonprofit organization that originally started in Japan in 2007 as a social movement intended to simultaneously tackle the twin problems of global obesity and hunger/mal-nutrition. TFT partners with corporations, schools, restaurants and consumer product companies in creating healthy, lower calorie "TFT Meals". For every reduced calorie per meal, \$0.25 is donated to provide one school meal in areas of need throughout the world. World Food Day (October 16) was established by the United Nations to encourage people to acknowledge the severity of food issues currently facing distressed regions of the world. In support of World Food Day, TFT, with the theme of "Change the World with Onigiri", is holding World Food Day "One Million Itadakimasu (Bon appetit) campaign from October 1 Privacy - Terms through November 30th, with the aim of providing 1 million meals to children in need.

For more information about the World Food Day Campaign 2015, please visit the website: http://jp.tablefor2.org/campaign/onigiri/en

Upcoming Events	
JAPANEMA = Japanese Cinema	
Arts & Culture Grants	
Rental Exhibitions	
Past Events: Lecture Series	~
Past Events: Exhibitions	~
Past Events: Others	~
Lights, Camera, Japanese! Become a Voice Over Star	
Japanese Workshop: Samurai Acting	
Workshop: Create Your Own Kanji & Calligraphy	
Butoh Workshop by Dance Maestro Mushimaru Fujieda	
An Evening with Kabuki Actor Kyozo Nakamura	
Lecture & Demonstration: Samurai Spirit Alive	
Words Can't Go There: John Kaizan Nepture Shakuhachi Live in Los Angeles	
Workshop: Action in Japanese	
Evening Time Wellness Wednesday (Yoga & Meditation)	
Change the World with Onigiri 2018	

Lecture & Demonstration: Noh Masks

Ask Marty

TATAKE TAKE: Let's Play Bamboo Beat!

Hands on with Japanese Handmade Paper

Bamboo Music

Japan Korea Miso

Rakugo Sankyo

Takahashi Hiroko

New Year's Cuisine

One Piece Kabuki

Time After Time

Takeo Kawaguchi - SLOW BODY

Street-style Kendama

Perspectives on Risque Cinema

Cinema Kabuki

Cinema Kabuki

R&R Library Lounge

Java and Jazz Library Lounge

Change the World With Onigiri

Japanese Design Today

Kyogen Performance/Workshop

Daidengaku Dance Workshop	
Mashi Murakami Meet & Greet	
Daughters of the Samurai	
One-Man Kabuki Storyteller	
Zen Calligraphy Workshop	
Rakugo	
The Great Passage	
Ai Kuwabara Trio Project	
Japanese Kites	
Hachi - A Dog's Tale	
Japan Film Festival	
Director's Talk	
Nikkatsu at 100	
Cast Me If You Can	
Abeya Tsugaru-Shamisen	
Arigato From Japan	
Past Events: Japanema (PDF)	~

#### Headquarters New York Office Center for Global Partnership Volunteer ボランティア募集 Japan Related Links Job Openings (Updated)

### 5700 Wilshire blvd, Suite 100 Los Angeles, CA 90036 P. 323.761.7510

Annual Report

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